

BE

TRANSFORMED

THIS IS GOD'S DESIGN

FOR YOUR DESTINY



YOU WERE CREATED TO BE IN LIFE-GIVING RELATIONSHIP WITH GOD

He can't stop thinking about you.

He has long-range plans for your life and destiny.

Sometimes this can be hard to comprehend. But let's try.

God's thoughts for you and your destiny are outlined in His Bible

God knew what He was doing from the very beginning. He decided from the outset to shape the lives of those who love Him along the same lines as the life of His Son. The Son stands first in the line of humanity He restored. We see the original and intended shape of our lives there in Him.

After God made that decision of what His children should be like, He followed it up by calling people by name.

After He called them by name, He set them on a solid basis with himself.

And then, after getting them established, He stayed with them to the end, gloriously completing what He had begun.

What a wonderful plan! And He loves you too much to leave you alone, as you are. You are to grow and be transformed to become like Him.

God wants us to grow up, to know the whole truth and tell it in love—like Christ in everything. We take our lead from Christ, who is the source of everything we do. He keeps us in step with each other. His very breath and blood flow through us, nourishing us so that we will grow up healthy in God, robust in love.

Ephesians 4:15-16 (MSG)

SO HOW DOES GOD TRANSFORM YOU?

God skilfully brings His truth and power into your life.

He works deeply in all the parts of your life until you actively desire to follow and be like Him.

He also restores your soul until you know and feel His peace.

Over time you begin to become more and more like Him.

This is a wonderful series of encounters and transformations.

God uses a range of tools and processes to love, guide and change you. It is amazing!

You are changed and re-directed by the truth recorded in His Bible, by the power and presence of Holy Spirit, by the love and grace of life-giving community, by pain and difficult circumstances, by a sense of mission and purpose, and by the practices related to a new way of life.

These tools and processes are outworked in the four dimensions of your life - your **head, heart, hands and habits**. They can also improve your health. God wants to transform you holistically.

HEAD

Your head represents your belief system and perspective. It also relates to your mind and thoughts.

**“You will know the truth,
and the truth will set you free.”
John 8:32 (CEV)**

God wants you to encounter His truth in your mind. Jesus constantly taught truth to bring His hearers to ever greater understandings about the person and plan of God. To teach truth, He increased their knowledge. However, in the Bible, knowledge is grounded in relationship and experience; it is not simply philosophical and academic.

You will have to get your head into the teaching of Christ and use your intellect to consider, learn, understand, apply, and teach that knowledge - and to reject all other teaching. This is how God transforms your mind and how you can experience truth and freedom.

HEART

Your heart represents your intentions and character. It is who you are at your core.

**Keep and guard your heart with all vigilance
and above all that you guard,
for out of it flow the springs of life.
Proverbs 4:23 (AMP)**

Your head knowledge must be heart felt for transformation to take place in your life. This does not mean that we must not engage Christ's truth intellectually. It means that we must go further and experience the truth of Jesus spiritually and emotionally.

Your values come from your heart. What do you stand for? What are the guiding principles for your life? Your passion for your connection with Jesus should be based on your foundational values housed in your transformed heart. If you focus on what others see - external appearances - rather than internal realities in your heart, the result is an illusion.

Your transformed heart is the engine room of a great life with Jesus.

HANDS

Your hands represent your actions. Your actions should reflect both your beliefs and your values.

But he's already made it plain how to live, what to do, what GOD is looking for in men and women. It's quite simple: Do what is fair and just to your neighbour, be compassionate and loyal in your love, And don't take yourself too seriously— take God seriously.
Micah 6:8 (MSG)

Your transformed hands are an example of faith that does something, that is called to action. You are here to do the work of God, to be the hands and feet of God on earth.

To illustrate, if love is a flame, then knowledge is its oxygen - the more you come to an understanding of Christ's love, the more you are capable of loving. Love can be blind, if you follow your heart, and disregard the head, you can be led astray meandering along the journey of faith. In another area, should your heart lead without its expression in the hands (in service) then there is no avenue for this love. You can begin in prayer and with a love for God, but this love should flow out to others.

Your transformed head, heart and hands can then start to work together in new ways.

When the people heard this [head], they were cut to the heart [heart] and said to Peter and the other apostles, "Brothers, what shall we do?" [hands - repent and be baptised]
Acts 2:37 (NIV)

This is how the first three "H's" can work together. But you will need to focus on one more area.



HABITS

Your habits represent your way of life. With a habit, the decision is already made, and the bandwidth of your mind, so to speak, is free to you to focus your energy and attention on God. Transformed habits can fill the gap between who you are now and who you want to become.

**In all things showing yourself to be a pattern
of good works; in doctrine showing integrity,
reverence, incorruptibility,
Titus 2:7 (NKJV)**

Your habits and patterns are the way you stay connected to Jesus at a deeper level to your attitude of service, reading, prayer, meditation, or other sharing relationships.

Your habits are about recalibrating, on a daily basis, who you want to be in your relationship with Jesus - because life's pressures can get you off track.

Before something can become a habit it must first be practiced as a discipline. You can use the five disciplines that were an integral part of what Jesus practiced during His earthly walk:

- Solitude - spending time alone with God
- Prayer - speaking with God
- Storing Up God's Word - preparing for the challenges that were yet to come
- Faith in God's Unconditional Love - proceeding with confidence grounded in trust
- Involvement in Accountability Relationships - sharing His vulnerability

If you belong to Jesus, forming new habits by being controlled by Holy Spirit becomes a way of life. It is also the way to transformation.

When your heart, head, hands, and habits are aligned there will be an increase in the levels of your connection, loyalty, satisfaction, and trust with and in Jesus.

On the other hand, it also evident that when these domains are out of alignment, frustrations, and mistrust decreases the long-term quality of your transforming relationship with Jesus.

In summary, here is how you bring all the elements of your transformation together and how you grow stronger with God:

I COMMIT MY HEAD TO TRUTHFUL THINKING

I COMMIT MY HEART TO GREATER LOYALTY

I COMMIT MY HANDS TO LARGER SERVICE

I COMMIT MY HABITS TO POWERFUL CONSISTENCY

Therefore if any person is [ingrafted] in Christ (the Messiah) he is a new creation (a new creature altogether); the old [previous moral and spiritual condition] has passed away. Behold, the fresh and new has come!
2 Corinthians 5:17 (AMP)

Be Transformed. This is God's Design for Your Destiny.

NEXT STEPS

Find out more about transformational education at
CHC School of Ministry
chc.edu.au/ministry

CHC School of Ministry is one of Brisbane and Australia's leading bible colleges. If you've been thinking about training for the call of God which is upon your life or just taking time out and being challenged in learning more about the Word of God, about the ways of ministry and in developing your leadership skills, then maybe SOM is for you.

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